



Latrina Walden™
Exam Solutions

How Tammy Pesaresi Confidently Passed Her AANP Certification Exam Three Weeks Early

CASE STUDY



"After the exam, I texted my oldest son, Joshua: 'I passed.' He said, 'Mom, of course, you did. I've watched you study for this test for months. You listened to Latrina's lectures probably 10 times each. You're constantly reviewing your books.' My family was not surprised at all. And now I'm a board-certified nurse practitioner."



Tammy Pesaresi,

AGPCNP-C

Tammy Joined

The NP Collective

- **Community** – Build connections with fellow NPs
- **Education** – Get up-to-date information and webinars
- **Support** – Go through your journey alongside like-minded NPs
- **Career** – Get tips and tools to further your career as an NP
- **Safety** – Talk openly and ask questions in a safe space

Bronze Clinical Crash Course

- Helps prepare you for AANP, ANCC, AGNP
- Gives you five (5) one-hour video reviews with transcripts
- Includes learning videos, visual information, and JNC 8 hypertension guidelines

Meet Tammy Pesaresi

Tammy earned her RN from the Niagara County Community College in 2016, her BSN from Niagara University in 2018, and her Master's of Science in Nursing (MSN) from the Adult-Gerontology Primary Care Nurse Practitioner Program at Stony Brook University.

The day before her graduation party, she also passed her AANP exam. She is now board certified by the American Association of Nursing Practitioners.

Tammy has worked as a clinical adjunct instructor at NCCC, a first-responder in New York during COVID, and now serves as an Infectious Disease Nurse Practitioner at Niagara Falls Memorial Medical Center.

Challenge

Rekindling Career Aspirations

In 2014, Tammy had already been a licensed practical nurse for nearly 20 years. Her dream had always been to get her RN license, but it never seemed like “the right time.”

Tammy is no stranger to struggle. You name it, she's experienced it—but she refused to let that define her. Her husband Peter Pesaresi saw her passion and encouraged her to become an RN.

So, at 44-years-old, Tammy returned to NCCC to complete her two-year nursing degree. She graduated in 2016 and went on to earn her Bachelor of Science in Nursing in 2018.



"Peter said, 'Tam, why aren't you an RN? You love nursing. You're always talking about it. You're so passionate about it.' And I said, 'I just can't afford it. I'm a single parent. It's not the right time for me.' He said, 'No. Now is your time.'"

Joining Latrina Walden

Preparing for the Board Certification Exam

After earning her BSN, Tammy enrolled in the Adult Gerontology Primary Care Nurse Practitioner Program at Stony Brook School of Nursing and set her sights on becoming an AGPCNP-C. During the final semester, she joined Latrina Walden to be as prepared for the AANP exam as possible.

Tammy signed up for the **Bronze Clinical Crash Course**, which includes five (5) comprehensive one-hour clinical video reviews and transcripts.

Not only did this course help Tammy review her knowledge before the exam, but it also gave her strategies for tackling questions she didn't know. More importantly, at least according to Tammy, Latrina also taught her methods for dealing with anxiety and keeping calm during the exam.

Tammy also joined **The NP Collective**, a safe virtual community for nurse practitioners to come together, learn, and share knowledge.

Between the crash course and the community support, Tammy felt so prepared for her board certification that she went into the exam three weeks early. In fact, she took—and passed—the exam the day before her graduation party, so she could tell her entire family: I took my test. I'm board certified.



"A couple of questions into the exam, I thought 'Wow, this is kind of hard.' But I stayed calm. I had enough knowledge to pick the best choices and the strategies to cope with anxiety. I went into that test a graduate nurse practitioner... I was going to come out a nurse practitioner board-certified."

What's Next

Landing the Dream Job

Tammy loves that The NP Collective didn't just help her prepare for board certification; they also provide a roadmap for furthering her career after becoming board certified.

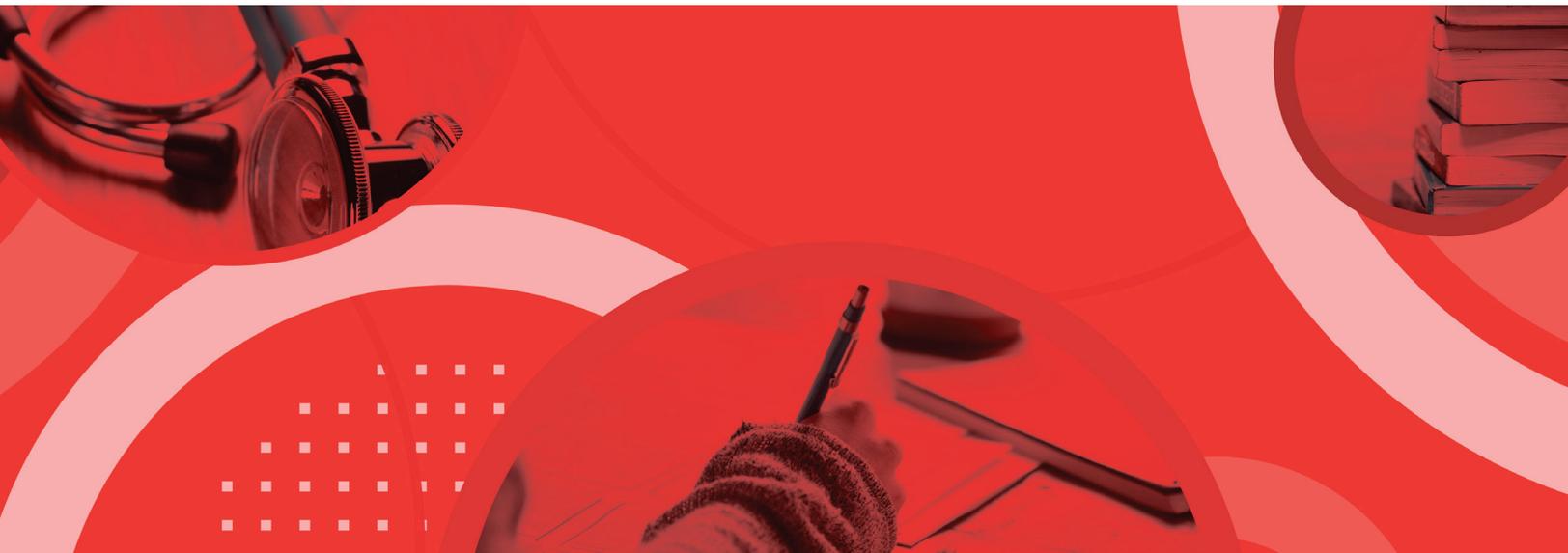
For example, one of the community's many guest speakers taught her how to make stand-out resumes. Tammy took the lesson to heart and used it when applying for an open position at the Niagara Falls Memorial Medical Center three weeks before taking her exam.

To her surprise, they called her for an interview. To her even greater surprise, they hired her less than 1 week later. And one of the things the administrator said was, "I love your resume. It was eye-catching."

The Infectious Disease Nurse Practitioner job was waiting for Tammy, pending New York State licensing and board certification. Now she's stepping into her new role—and celebrating the win with her friends in The NP Collective community.



"As a new graduate, there are a lot of steps between graduation and starting your first job—from creating your resume and getting your name out there to nailing your first interview. Latrina covers all of those things through her lectures and her interactive live sessions."





Latrina Walden™
Exam Solutions

Transition into your NP
career with the support of the
LWES Community.

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